

Washington State Elderly/Senior Resources and Helpful Links

Washington State Department of Social and Health Services –On-line Community Services Office

Website: <https://www.dshs.wa.gov/esa/online-community-services-office-cso>

Washington State – How to apply for Medicaid:

Website: <https://www.dshs.wa.gov/altsa/home-and-community-services/how-apply-medicaid>

Washington Connection- offers a fast and easy way for families and individuals to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs. Individuals that are age 65 or older, blind or disabled may also apply for medical assistance.

Website: <https://www.washingtonconnection.org/home/>

Washington State Department of Social and Health Services –search for resources for care of elderly adults in Washington State.

Website: <https://www.dshs.wa.gov/adult-care>

Washington State Hospice and Palliative Care Organization-search for Washington State hospice and palliative care programs- provider spreadsheet with contact information.

Website: <https://wshpco.org/directory-search/>

Local Hospice Care:

Evergreen Health Hospice: Call 425.899.3300 for more information

Website: <https://www.evergreenhealth.com/hospice-care>

Providence Hospice & Home Care of Snohomish County: If you have a question about our hospice or home care services, [email Hospice & Home Care](#) or call [425-261-4780](tel:425-261-4780) (home care), [425-261-4777](tel:425-261-4777) (hospice).

Local Geriatric Doctor's Offices and Services:

Evergreen Geriatric Care Kirkland

Website: <https://www.evergreenhealth.com/geriatric-care-team>

Overlake Senior Health Bellevue

Website: <https://www.overlakehospital.org/center/senior-health-clinic>

NW Geriatrics- Mercer Island (office)

Website: <https://www.nwgeriatrics.com/>

Local Hospital Help Line:

Evergreen Health Consulting Nurse Line - When a health concern presents itself any time of the day or night, Evergreen Health's free consulting nurse service is here to help. The consulting nurses are all registered nurses with years of experience. They can help determine if your symptoms:

- Can be treated at home
- Can wait for an appointment with your primary care physician
- Require immediate care at the emergency department or urgent care center

Call 425.899.3000

Press "2" at the prompt

The 24-hour consulting nurse is one of the health services provided to the community thanks to support from the Evergreen Health levy.

Private Care sites for hired aides to assist in client care:

Family Resource Home Care

Website: <https://www.familyresourcehomecare.com/>

With A Little Help

Website: <https://withalittlehelp.com/>

Companion Care

Website: <https://www.companioncareofwa.com/>

Local Medical Supply Resources:

Eastside Home and Medical Supply

Website: <https://www.eastsidehomemedicalsupply.com/>

Bellevue Healthcare

Website: <https://bellevuehealthcare.com/>

Lincare – Oxygen Therapy

Website: <https://www.lincare.com/oxygen-therapy>

MSHH Donor Closet- donated items at reduced cost for clients with Multiple Sclerosis (located in Edmonds).

Website: <http://www.mshh-donorcloset.com/>

Senior Centers or Adult Day Care program

Northshore Senior Centers- Bothell, Kenmore, Mill Creek

Website: <http://www.northshoreseniorcenter.org/Locations/tabid/61/Default.aspx>

Adult Day Care Program- Bothell

Website: <http://www.northshoreseniorcenter.org/locations/adultdaycenter.aspx>

