

Fear Not!

By Nancy Williams



Isaiah 35:2 “Strengthen the weak hands and make firm the feeble knees. Say to those who have an anxious heart, “Be strong; fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you.”

Have you ever had an anxious heart? The world would tell you to drown your anxiousness with pills, food, wine, vegging out or anything that will help you take your mind off your problems. Do whatever will make you happy after all it is your life. As believers we know that the world’s solutions do not work yet at times, we turn to them because we do not believe the word of God can help. Have you ever wondered what the word of God says about the cure for an anxious heart? Isaiah a prophet to the Israelites shares the cure in **Isaiah 35:2 “Strengthen the weak hands and make firm the feeble knees. Say to those who have an anxious heart, “Be strong; fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you.”**

We are called to be strong, Fear not! And why are we called to Fear Not! Because we are called to behold our God who will come and save us. Do you know God? Truly know

who He says He is? Maybe our hearts are anxious and afraid because we have a small view of our God.

Stop and meditate on God! When we know God, we truly can “Fear Not!”

Deuteronomy 4:31 “For the Lord your God is a **merciful God; he will not abandon or destroy you** or forget the covenant with your forefathers, which he confirmed to them by oath.”

Psalms 116:5 “The LORD is **gracious and righteous**; our God is **full of compassion.**”

Exodus 15:11 “Who is like you, O Lord, among the gods? Who is like you, **majestic in holiness, awesome in glorious deeds, doing wonders?**”

John 1:5 “This is the message that we have heard from him and declare to you: **God is light**, in him there is no darkness at all.”

Psalms 54:4 “Surely God is **my help**; the Lord is the one who **sustains me.**”

Psalms 62:7-8 “My salvation and my honor depend on God; he is **my mighty rock, my refuge**. Trust in him at all times, O people; pour out your hearts to him, for **God is our refuge**. Selah.”

1 Timothy 1:17 “To the **King of the ages, immortal, invisible, the only God, be honor and glory forever and ever**. Amen.”

Isaiah 40:28 “Have you not known? Have you not heard? The Lord is the **everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable.**”

Psalms 18:30 “As for God, **his way is perfect**: The Lord’s **word is flawless; he shields all who take refuge in him.**”

1 Corinthians 1:9 “God, who has called you into fellowship with his Son Jesus Christ our Lord, is **faithful.**”

Psalms 117:2 “For **His lovingkindness is great toward us**, And the truth of the Lord is everlasting. Praise the Lord!”

Beholding our God is to be in awe of who He says He is and what He can do. That means meditating on scriptures, “Be strong; fear not! Behold, your God, he will come and save you.