

# Heart Idols Video

Stop! Have you watched the Y-chart diagram video? If not, go back and watch it right now.

Simply exchanging one behavior for another behavior does nothing to change the motive of your \_\_\_\_\_.

What kind of change is our goal? \_\_\_\_\_

1. Become more like Christ
2. Change motives of your heart

Repentance is a change of \_\_\_\_\_ that leads to a change of \_\_\_\_\_.

Repentance needs to be at the level of your heart.

**You do what you do because you want what you want.** Rewrite this on a note card.

**You want what you want because you think what you think.** Rewrite this on a note card.

Define a heart idol: \_\_\_\_\_  
\_\_\_\_\_.

When a desire becomes a demand it becomes a ruling desire, and that is \_\_\_\_\_.

Define influences: \_\_\_\_\_

What role do influences play? \_\_\_\_\_

\_\_\_\_\_.

Influences do not \_\_\_\_\_ our behavior.

Genesis 3 example:

Adam said Eve influenced him to sin.

Eve says the serpent influenced her to sin.

Make a list of your influences: (consider people, health, money, daily situations you face)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If you can't control them, neither can you \_\_\_\_\_ them.

Define behaviors: \_\_\_\_\_

\_\_\_\_\_.

Behaviors need to change.

Stop and read Galatians 5:19-23

When is a thief no longer a thief? \_\_\_\_\_

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Write out the behaviors you need to stop doing.

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Write out the behaviors you need to start doing.

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Read through these scriptures. Make lists for what is to be put off (stop doing) and put on (start doing)

Romans 12:9-21

Matthew 5-7

1 Corinthians 6:9-10

Ephesians 5

Components of the Heart:

Emotions: What are the two problems with emotions?

Emotions are neither good nor bad, holy nor sinful, they are rather pleasant or unpleasant.

How are emotions like a dashboard light? \_\_\_\_\_

\_\_\_\_\_

Emotions are God's designed \_\_\_\_\_ to get you to pay attention to

what is going on in your \_\_\_\_\_ so you can examine it and work on what needs to be worked on.

What emotions do I feel that are unpleasant?

\_\_\_\_\_

\_\_\_\_\_

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Idols - disordered things in your heart.

Define a heart idol. \_\_\_\_\_  
\_\_\_\_\_

Ezekiel 14:1-5. Follow along in your bible.

Idols are stumbling blocks of sin before their faces.

Idols serve as a filtering \_\_\_\_\_ through which we \_\_\_\_\_ the world.

These ruling desires or idols are the level at which you need to change.

What are some potential heart idols I see in myself?

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Common heart idols:

Approval and acceptance

Health

Power

Control

Respect

Children

Materialism

Career

Good reputation

Write out John Calvin's quote: \_\_\_\_\_

\_\_\_\_\_

Questions to think through:

1. I will sin if I don't get \_\_\_\_\_

2. I will sin in order to get \_\_\_\_\_

3. I need \_\_\_\_\_

4. I want \_\_\_\_\_

5. I must have \_\_\_\_\_

6. I have a right to \_\_\_\_\_

Homework Assignments:

1. Teach heart idolatry lesson to someone else. Do this several times.

2. Identify 5 potential idols in your life.

a. What did you find that caused you to think you have an idol?

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\_\_\_\_\_

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b. Do other people believe you have the same idol?

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c. What is your next step in repenting of this idol?

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