

### Philippians 4:8

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Run your thoughts through the filter of scripture. Do your thoughts conform to God's command?.

Is there anything excellent or praiseworthy? Think about these things!

If so

Name your specific thought...  
Example: "I can't live this way anymore!" Or "Why can't he just respect me!" Or, "I'll always be stuck in this situation."

My Thoughts

Whatever is:  
True \_\_\_\_\_  
Honorable \_\_\_\_\_  
Just \_\_\_\_\_  
Pure \_\_\_\_\_  
Lovely \_\_\_\_\_  
Commendable \_\_\_\_\_

Eph 1:11, Job 42:2, Eph 2:8-10,  
True about God, self, Godly worldview, real

Rev 4:11, Heb 12:14, Rom 12:1  
Accurate view of God and His holiness, God's moral character, high thoughts

Rom 5:5, Rom 6:16, Psalm 19:14, Micah 6:8  
God is righteous, God's commands are right, thoughts of justice, mercy, humility

Psalm 86:11, 19:14, John 5:19, Matt 23:25-26,  
Authentic, 100% pure and devoted to the Lord

Psalm 27:4, Ex 34:6-7, Psalm 8, Matt 27:45-56  
God's beauty revealed in his nature and creation  
The cross and Jesus' sacrifice

1 Cor 11:1, Matt 22:37-39  
Love and imitate Christ's admirable qualities,  
thoughts that are worthy of being thought

Now I  
Can  
Think on  
the  
Right  
Thing!

## What are you thinking??

Adapted by Rick Thomas Mind Mapping Thinking