

Video 7 Notes:

“Remorse vs. Repentance”

Introductory thoughts:

- (00:03:40) Change is not just different circumstances and ceasing from sin.
- (00:04:13) Describe the roots of trees. What characteristics do the roots have?
- (00:04:42) Describe the trunk of trees. What is important about the trunk of the tree?
- (00:04:55) Describe branches, leaves, and fruit. What important information is gained from these parts of trees?

(00:05:26) Contemplate: Seeing your _____ for what it is.

- (00:06:49) How have you thought about your sin?
 - Have you put yourself in the place of those you have sinned against?
 - Have you thought about how God, in the Bible, describes your sin?

(00:07:30) Confession: A strong confession acknowledges and _____ the

sing that was committed. It doesn't explain away or _____ it on someone else.

- Psalm 51- King David gives a great example of biblical confession.
- What does a good confession sound like? Write down several examples.

- What does a bad confession sound like? Write down several examples.

(00:09:11) Change: Branches and leaves represent stopping some actions and _____ other actions.

- Write out Ephesians 4:22-24
 - What do you put off? (from Ephesians 4:22)
 - What do you put on? (from Ephesian 4:24)

- What examples are found at the end of Ephesians 4?
 - Vs. 25:
 - Vs. 26-27:
 - Vs. 29
 - Vs. 31-32

(00:11:10) What are the fruits? Define each one.

1. R_____ (00:11:30)

2. R_____ (00:11:45)

3. R_____ (00:12:21)

Some questions for you to think about:

- When is a thief no longer a thief?

- What new Christlike behaviors have shown up in your life?

(00:13:14) So what about the second tree, the dead one?

- How does real fruit get on a dead tree? (00:13:19)
- Define worldly sorrow and write out some examples. (00:13:39)

Worldly sorrow, as opposed to Godly sorrow, _____ that people can see the trunk, leaves, branches and fruit. Worldly sorrow, then, tries to _____ in its own _____ what others want to hear and see, namely, confession and change.

- What does worldly sorrow do? Write out some examples. (00:14:25)
 1. Worldly sorrow _____ flowers for saying _____ words.
 2. Worldly sorrow acts like _____ happened in hopes that things

will go back to _____.

3. Worldly sorrow _____ the person offended in hopes that they will just go away.
4. Worldly sorrow gets _____ when the other person does not _____ about the hurt and the pain right away.

A dead tree with dead _____ cannot produce Christlike _____.

- The fruit is not connected to the tree naturally and will eventually fall off.
- (00:16:25) Read Luke 19:1-10. How is this a picture of true repentance? What does all of this mean for you?

True and lasting change ALWAYS goes through the pathway of the heart.

Some questions for you to think about:

1. Have you repented God's way or does your repentance look more like worldly sorrow? Give examples to support your answer.
2. Do others see fruit from your change or are they still struggling to see change in you?
3. Have you thought about your sin or just the consequences of your sin?
4. Have you confessed your sin, or do you assume others know you are sorry?