

1. What do you love? What do you hate?

Matthew 22:37-39, 2 Tim 3:2-4, Luke 16:13-14

2. What do you desire, crave, lust, wish for? What desires do you obey and serve?

What "good" are they desiring? What heart craving is being obeyed to get a craving met or a bad that threatens without it?

Psalms 17:14-15, 73:23-28, Prov 10:3, 10:28, 11:6-7, Gal 5:16-25, Eph 2:3, 4:22

2 Tim 2:22, Titus 3:3, 1 Peter 1:14, 2:11, 4:2, 2 Peter 1:4, 2:10, James 1:14-15, 4:1-3

3. What do you seek? What do you aim for and pursue? What are your goals and expectations?

What captures your life and drives or motivates you?

Matt 6:32-22, 2 Tim 2:22

4. Where do you hang your hopes?

What are you sacrificing to gain? What causes despair when it doesn't happen?

1 Peter 1:13, 1 Tim 6:17

5. What do you fear? What do you not want? What do you tend to worry about?

Matt 6:25-32, 13:22

6. What do you feel like doing?

Related to #2 - feelings oriented person. Those who react out of feeling.

Psalms 17:14-15, 73:23-28, Prov 10:3, 10:28, 11:6-7, Gal 5:16-25, Eph 2:3, 4:22, Titus 3:3

1 Peter 1:14, 2:11, 4:2, 2 Peter 1:4, 2:10, James 1:14-15, 4:1-3

7. What do you think you need? What are your "felt needs"?

Our culture is very felt needs oriented. I "need" love, understanding, achievement, etc

Matt 6:8-15, 6:25-32, 1 Kings 3:5-14

8. What are your plans, agenda, strategies, and intentions designed to accomplish?

What are you after? What are you believing will really make you happy?

Matthew 6:32-33, 2 Tim 2:22

9. What makes you tick? What sun does your planet revolve around? Where do you find your garden of delight? What lights up your world? What fountain of life, hope and delight do you drink from? What castle do you build in the clouds? What pipe dream tantalize or terrify you?

What do you organize your life around?

Isaiah 1:29-30, 50:10-11, Jer 2:13, 17:13, Matt 4:4, 5:6, John 4:32-34, 6:25-69

10. Where do you find refuge, safety, comfort, escape, pleasure, security?

Or, where is your false sense of trust placed?

Psalms 23, 27, 31, 46

11. What or whom do you trust?

other people? your own accomplishments? religious acts?

Prov 3:5, 11:28, 12:15, Psalm 23, 103, 131

12. Whose performance matters? On whose shoulders does the well-being of your world rest?

Who can make it better, make it work, make it safe, make it successful?

(goal to dig out self-righteousness, living through children, etc)

Phil 1:6, 2:13, 3:3-11, 4:13, Psalm 49:13, Jeremiah 17:1-14

13. Whom must you please? Whose opinion counts? From whom do you desire approval and

fear rejection? Whose value system do you measure yourself against? In whose eyes are you living? Whose love and approval do you need?

Prov 1:7, 9:10, 29:25, John 12:43, 1 Cor 4:3-5, 2 Cor 10:18

14. Who are your role models? What kind of person do you think you ought to be or want to

be? (Romans 8:29, Eph 4:24, Col 3:10)

15. On your deathbed, what would sum up your life as worthwhile? What gives your life

meaning? (Translate Ecclesiastes into modern equivalent)

16. How do you define and weigh success or failure, right or wrong, desirable or undesirable, in

any particular situation? This reveals if a person interprets life through their own understanding or if they are using God's values. (1 Cor 10:24-27, Prov 3:5, Judg 21:25)

17. What would make you feel rich, secure, prosperous? What must you get to make life sing?

What is your real treasure? (Prov 3:13-18, 8:10, 8:17-21, Matthew 6:19-21, 13:45-46, Luke

16:10-15, 1 Peter 1:2-7)

18. What would bring you the greatest pleasure, happiness, and delight? What brings the

greatest pain or misery? (Matt 5:3-11, Psalms 1:35, Jer 17:7-8, Luke 6:27-42)

19. Whose coming into political power would make everything better?

(Where you you investing your hopes?) (Matt 6:10)

20. Whose victory or success would make your life happy? How do you define victory or

success? (Romans 8:37-39, Rev 2:7, Psalms 96-99)

21. What do you see as your rights? What do you feel entitled to?

(1 Cor 9, Romans 5:6-10, Psalm 103:10)

22. In what situations do you feel pressured to tense? Confident and relaxed? When you are

pressured, where do you turn? What do you think about? What are your escapes? What do you escape from? (What sins are situational dependent? Example, anxiety over public

speaking is about fear of man. Paying bills and feeling anxious reveals that you worship money or material things) (Psalms of refuge)

23. What do you want to get out of life? What payoff do you seek out of the things you do? (This is restating questions 3 and 8. What do you get out of your idols? Idols offer a quick payoff. Prov 3:12-18, Matt 6:1-5, 16-18)

24. What do you pray for? (Prayers reveal imbalance or self-centeredness. Prayer is about desire - is it desires of the flesh or desire of God? James 4:3, Matt 6:5-15, Luke 18:9-14)

25. What do you think about most often? What preoccupies or obsesses you? In the morning, to what does your mind drift instinctively? What is your "mindset"? (Col 3:1-5, Phil 3:19, Romans 8:5-16)

26. What do you talk about? What is important to you? What attitudes do you communicate? (Luke 6:45, Prov 10:19, Eph 4:29)

27. How do you spend your time? What are your priorities? (Proverbs 1:16, 10:4, 23:19-21, 24:33)

28. What are your characteristic fantasies, either pleasurable or fearful? Daydreams? What do your night dreams revolve around? (Patterns of concerns and desire reveal the heart! Eccl 5:3-7, Gal 5:16-25, Eph 2:3, 4:22, 2 Tim 2:22, Titus 3:3, 1 Peter 1:14, 3:22, 4:2, 2 Peter 1:4, 2:10, James 1:14-15 4:1-3, Prov 10:3, 10:28, 11:6-7)

29. What are the functional beliefs that control how you interpret your life and determine how you act? How do you understand yourself? How do you understand God? others? the devil? right and wrong? true and false? past? present? future?

30. What are your idols or false gods? In what do you place your trust or set your hopes? What do you turn to or seek? Where do you take refuge? Who is the savior, judge, controller, provider, protector in your world? Whom do you serve? What voice controls you? (Ez 14:1-8, Acts 26:18, Col 3:5, 1 John 5:21, Jer 17:5)

31. How do you live for yourself? (Luke 9:23-25, 2 Cor 5:14-15)

32. How do you live as a slave of the devil? How are you serving lusts and lies? (We are worshippers. We will serve somebody. John 8:44, Acts 26:18, Eph 2:2-3, 2 Tim 2:26, James 3:14-16)

33. How do you implicitly say, "If only ...." (to get what you want, avoid what you don't want, keep what you have?) The "if onlies" reveal the motivational themes in the heart.  
(1 Kings 21:1-7, Heb 11:25, Phil 3:4-11)

34. What instinctively feels right to you? What are your opinions, the things you feel are true?  
(In God's eyes, foolishness is opinionated and wisdom is correctable and listens and learns.  
Judges 21:25, Prov 3:5, 3:7, 12:15, 14:12, 18:2, Isaiah 53:6, Phil 3:19, Romans 16:18)

35. Where do you find your identity? How do you define who you are?  
(Ephesians talked about identity more than 30 times)